



## 2011 – 2012 Golf Clinics

### Short Game – Greenside Bunkers

#### Design of a Sand Wedge

- Loft is between 50 and 60 degrees
- Has a digging and bouncing edge
- Bounce is between 8 and 14 degrees
  - High bounce for soft sand
  - Low bounce for hard sand
- Bounce allows club head to move through the sand without getting stuck

#### Grip & Ball Position

- Grip is the same as every other club
- Ball position should be slightly forward for soft, dry sand
- Ball position should be middle for hard, wet sand

#### The Set-Up

- The club face must be open in order for the bounce of the club to work correctly
  - Open the club face by turning the club, not your hands
- Align your feet and shoulders left of the target so the club face will be aligned to the target
- **TIP:** How much should you align left of the target?
  - Align your feet and shoulders at the target
  - Open the club face and hit a shot
  - The distance between the ball and the target will tell you how much to align left
- Re-align your feet left of the target and open the club face so it is aligned to the target
- Dig your feet into the sand
- Shoulders parallel to the slope of the bunker
- Focus your eyes on the sand behind the ball rather than the ball itself

#### The Swing

- Start the swing by turning the shoulders away from the target
- Cock the wrists very quickly during the backswing to form a 90 degree angle
- Very little lower body rotation – keep your knees still
- Control the distance of the shot by the length of the back swing or club selection
- Start the downswing with the lower body moving toward the target
- Accelerate through the ball....never stop in the sand
- Club should enter the sand 1-2 inches behind the ball
- Finish with shoulders and hips square to the target